

Parents, Guardians & Grandparents!

FREE PARENTING CLASS



Taking HoCo Families to the Next Level

HCDrugFree

Fall 2024 REGISTRATION IS OPEN: Raising preteens/teens is tough, but **parents, guardians and grandparents** can take a class to learn how to help our kids and grandkids avoid risky behaviors while learning how to say NO to drugs and alcohol.

FREE!! November 12, 15, 19, 22 and December 3 from Noon to 1:30 on Zoom.
Adult or child must be a **Howard County resident**. Attend all 5 sessions.

Guiding Good Choices® is an evidence-based, interactive prevention program that helps you build a stronger bond with your child, while also providing skills proven to reduce the risk of children engaging in substance use or other risky behaviors.

Learn how to: • Prevent Drug Use in Your Family • Develop Healthy Beliefs and Clear Standards • Avoid Trouble and Respond to Peer Pressure • Manage Conflict and Express Feelings Constructively • Strengthen Family Bonds • And More!

Register: <http://tiny.cc/fyepzz>

Learn more: hcdrugfree.org/currentevents/



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