

HC DrugFree: Keeping Howard County *in the KNOW!* ...knowledge is power, so just say KNOW

Join Our Team! Adult & Student Volunteers Needed for as little as an hour at August and September Events



Adults and Students: HC DrugFree needs a little of your time!

We are seeking both adult and student volunteers to distribute HC DrugFree fliers at several events in August and September. It's quick and easy. For most events, you'll be in and out in less than an hour. Just smile, hand a flier, and move on. Community service hours are available for student volunteers.

Parents, grandparents, siblings, and friends are welcome to volunteer together, or we'll do our best to pair you with someone.

For a list of dates/times and to register, click on the Volunteer link below. Thank you for giving of yourself to assist families in Howard County.

Volunteer

HC DrugFree's Teen Advisory Council

HC DrugFree invites all Howard County students in grades 8-12 to join our

Teen Advisory Council (TAC.) Members of TAC meet once monthly during the academic year and act as student ambassadors in their schools and in the community.

Why join TAC?

- Earn community service hours
- Gain experience for job & college applications
- Volunteer opportunities year round
- Be a leader and role model in Howard County!

Join us for our first meeting of the 2023-24 school year on**Monday**, **September 11 from 5:30 to 7:00 p.m.** via Zoom to learn more about TAC and to see how you can get involved.

Learn More & Register

Save the Date: Medication & Sharps Disposal Event

HC DrugFree's next drive-thru Medication and Sharps disposal event will be held on Saturday, October 28, 2023 from 10 a.m. - 2 p.m. See you there!



You Make a Difference in Howard County

Together, we can educate youth and families in Howard County and make a difference in young lives. Donations of any size help to provide our many free services and resources.



Resources

Reverse Opioid Overdose: Click here to contact the Howard County Health Department to receive free training and Narcan kit.

Help for Depression, Suicidal Thoughts or Other Mental Health Issues: Call or text 988.

Additional Resources: <u>HC DrugFree Hotlines & Resources Page</u>

For more information, contact

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