

HC DrugFree

Empowering the Community

HC DrugFree: Keeping Howard County *in the KNOW!*
...knowledge is power, so just say KNOW

Have You Made Your End-of-Year Donation to HC DrugFree?



It's New Year's Eve and 2021 is just on the horizon. Despite the challenges of this year, we're proud of the resilience of our community, our friends, and our neighbors. We accomplished a great deal by working together, and for that, we all should be proud.

At HC DrugFree, we understand how challenging it can be to stay informed, which is why we are dedicated to keeping Howard County *IN THE KNOW*. Our mission is to give you, and your loved ones the resources you need to stay healthy and safe.

Not even a pandemic could stand in the way of our commitment to Howard County, and through the wonders of technology, we were able to offer educational opportunities such as our middle school Life Skills Classes and Parenting Classes. We were also able to continue our work with the Teen Advisory Council!



Although much of our work was virtual, we did have the opportunity to see one another face-to-face at our [Drive-Through Medication & Sharps Collection](#) in October where we collected **1,211.5 lbs of medication** and **26 bins of sharps!**

[You can view the slideshow of the event here.](#)



We did this thanks to the support of all of YOU: our friends and neighbors, who stood by us and our commitment to keep Howard County informed, safe, and DRUG FREE.

As a nonprofit organization, HC DrugFree depends upon the generosity of organizations, businesses, and individuals to support the free education, prevention services, and events we provide that helps keep our great community safe.

Please consider becoming a **Friend of HC DrugFree** by making a donation in any of the following amounts:

- \$10 student
- \$25 individual
- \$50 family
- \$50 nonprofit organizations
- \$100 business
- Sponsors starting as low as \$500.

[Please make your tax deductible gift to HC DrugFree today!](#)

Thank you for your endless support of the important work we do at HC DrugFree, and for your continued partnership as we work together to keep Howard County safe!



Additional Resources

If You Need Help

If you need help with depression, suicidal thoughts, or other serious mental health issues, please contact:

Grassroots Crisis Intervention: 410-531-6677

The Maryland Crisis Hotline: Dial 211 and then choose option 1

The Crisis Text Line: Text 741741 and a trained counselor will respond
The National Suicide Prevention Hotline: 1-800-273-8255
The Howard County Health Department: 410-313-6202

Gambling with Your Future

Call, text or chat 1-800-GAMBLER for free confidential, compassionate help with gambling problems.

Medication Disposal

To safely store and dispose of prescription and over-the-counter medication and sharps (needles, syringes and EpiPens), **please visit our website** for more information.

For more information, contact

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