

**HC DrugFree is keeping Howard County  
In the KNOW!!!**

**MD Opioid-Related Fatalities (January thru June 2020)**

[Click here](#) for a printable document showing January through June 2020 trends in opioid-related fatalities. Sadly, most Maryland jurisdictions experienced increases.

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**New Information Added: Medication and Sharps Collection - October 24**

[Click here](#) for a printable flier with an active link for adult volunteers and please share this flier with your friends!

**Adults, we need volunteers!!!** Please consider volunteering for this free outdoor event. We would like **adult volunteers** for this event as well as **trained medical staff**. Most adult volunteers will not be near other people or the medications and sharps. **You will be socially distanced and outdoors.** Feel free to bring your own lawn chair.

If you or anyone you know can help us, please click on the active link on the flier or **volunteer at** [www.surveymonkey.com/r/AdultVolunteerOct24](http://www.surveymonkey.com/r/AdultVolunteerOct24)

This medication and sharps collection is scheduled for **Saturday, October 24 from 10 a.m. to 2 p.m.** in the Wilde Lake Village Center parking lot. Open to the public. Bring prescription and over-the-counter medications, needles, syringes, and EpiPens. **Don't forget your pet medication.**

Go to the "Dispose Medication" spinner box on our homepage at [www.hcdrugfree.org](http://www.hcdrugfree.org) and click on "Learn More" for any last minute COVID-related updates.

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**New Information Added: Free Parenting Classes**

[Click here](#) for a printable flier with an active link to register and please share this flier with other parents!

Once again, HC DrugFree and the Howard County State's Attorney's Office in partnership with the Howard County Health Department will offer evidence-based, interactive classes to Howard County parents/guardians.

This class is for Howard County parents/guardians only and designed for parents of 9-14 year olds. However, **if your children aren't 9-14 and you want to participate, please register and we will contact you.**

After completing all 4 classes, families will be able to:

- Influence their children to help prevent drug use and other risky behaviors.
- Develop clear family guidelines and expectations about drug use.
- Teach children how to stay out of trouble, keep their friends, and still have a good time.

**Dates:** Tuesdays, October 20, 27 and November 10, 17, 2020 (No class will be held on Election Day, November 3.)

**Time:** 6:30 p.m. – 8:00 p.m.

**Location:** Online using Zoom.

**Howard County parents/guardians may register at:**

<https://www.surveymonkey.com/r/HCDrugFreeFall2020>

For more information, contact Joan Webb Scornaienchi, Executive Director, HC DrugFree at [Admin@hcdrugfree.org](mailto:Admin@hcdrugfree.org). Funding provided by the Howard County Health Department, MDH/BHA, and SAMHSA.

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### **If You Need Help**

If you need help with depression, suicidal thoughts, or other serious mental health issues, please contact:

Grassroots Crisis Intervention: 410-531-6677

The Maryland Crisis Hotline: Dial 211 and then choose option 1

The Crisis Text Line: Text 741741 and a trained counselor will respond

The National Suicide Prevention Hotline: 1-800-273-8255

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### **Marijuana Report**

Smart Approaches to Marijuana (SAM) released its fourth annual report on the impact of marijuana legalization. [Click here](#) to find report on their homepage.

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### **Take the Annual Young Adult Survey**

The Maryland Young Adult Survey on Alcohol 2020 is open! If you are between 18-25 years old and live in Maryland, take the survey by going to <https://bit.ly/MYSA2020>. Win up to \$95 by completing a 10-minute survey about perceptions and use of alcohol!

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### **Teen Advisory Council Registration Forms**

We apologize for the delay in scheduling more meetings/events, but we are moving forward. Howard County high school students may [click here](#) to access the 2020-21 school year Teen Advisory Council (TAC) registration form. Signed forms are due each year. Open to all Howard County high school students. Community service hours available.

Email a signed PDF to [admin@hcdrugfree.org](mailto:admin@hcdrugfree.org) or mail a hard copy to HC DrugFree, 5305 Village Center Drive, Suite 206, Wilde Lake Village Center, Columbia, MD 21044. Be sure to include a photo.

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## Senior Call Check Program

Maryland is the first state in the country to start a free, opt-in, telephonic service to check on Maryland's residents 65+, all across the state. Call 1-866-50-CHECK (1-866-502-0560) to register. [Click here](#) for more information.

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## Howard County Mental Health Services

The Behavioral Health Navigator can help link you to mental health or substance use services, refer you to treatment, and follow up to make sure you received the assistance you need. Visit [www.hchealth.org/gethelp](http://www.hchealth.org/gethelp) or call 410-313-6202 for more information. [Click here](#) to view or print Howard County Health Department services.

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## Gambling with Your Future

Call, text or chat 1-800-GAMBLER for free confidential, compassionate help with gambling problems.

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For more information, contact  
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