

HC DrugFree is keeping Howard County *In the KNOW!!!*

Giving Tuesday: Think Globally, But Donate To Organizations Impacting Our Community

Please donate to become a Friend of HC DrugFree -- Any amount will be accepted, but we encourage \$25 for adults, \$10 for students, \$50 for families, and \$100 for businesses.

Thank you for allowing HC DrugFree to serve your family throughout the year. We appreciate that you support our work by attending our programs, reading our newsletters, bringing your medication and sharps to our convenient drive-thru, reaching out to us when your family needs help, sending your students to our Teen Advisory Council, and so much more.

If you like our work, please [click here](#) to donate.

Mental Health First Aid (MHFA) Course

Free for Howard County residents, but registration is required. MHFA provides training on a five-step action plan to offer initial help to people with the signs and symptoms of a mental illness or in a crisis, and tools on how to connect them with the appropriate care.

Date/Time: December 6, 2019, 9:30 a.m. to 5 p.m.

Location: Howard Community College, 10901 Little Patuxent Pkwy, Columbia 21044

Link: <http://bit.ly/2ndanWN>

Opioid Overdose Response Program

Free, but registration is required. Learn how to administer naloxone (a safe and effective antidote for overdose) and perform rescue breathing.

Date/Time: December 12, 2019, 6 p.m. to 7 p.m.

Location: Howard County General Hospital Wellness Center Medical Pavilion, Suite 100 10710 Charter Drive, Columbia 21044

Link: <http://bit.ly/2KSFtff>

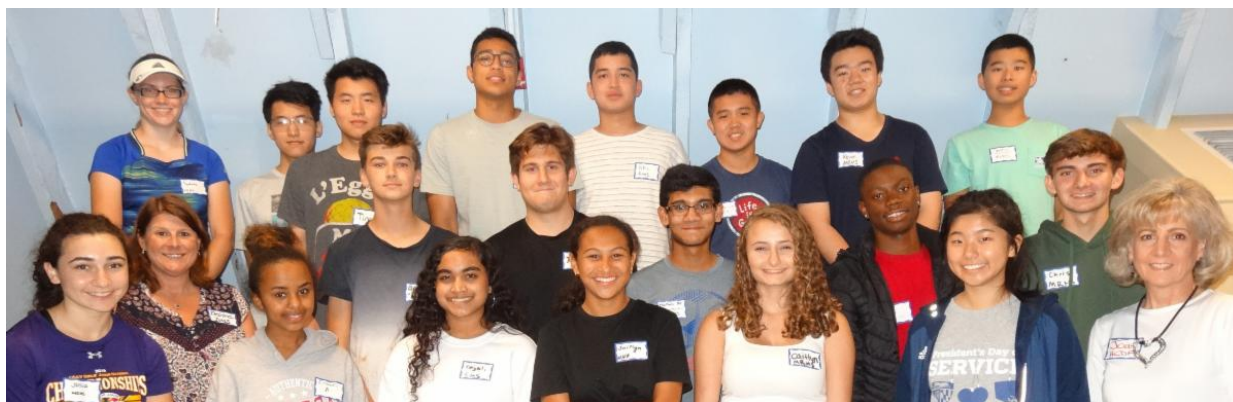
Resource Directories

Howard County has resource directories available to help you find treatment providers and other services. [Click here](#) for health services and [click here](#) for youth services.

Children Need To Play To Learn (And Play Is Good For Adults Too!)

"The lifelong success of children is based on their ability to be creative and to apply the lessons learned from playing." - American Academy of Pediatrics

Teen Advisory Council Meeting: Monday, December 16




Advisors: Ms. Joan Webb Scornaienchi, HC DrugFree's Executive Director, and Ms. Debra O'Byrne, HCPSS administrator, look forward to working with all teens!

All Howard County high school teens may join HC DrugFree's Teen Advisory Council (TAC) where they will have a safe place to learn about risk taking, healthy alternatives, discuss what is happening in and around our community and much more. Questions? Call 443-325-0040 or email Admin@hcdrugfree.org.

The next TAC meeting will be held on Monday, **December 16** from 5:30 p.m. to 7:00 p.m. at The Barn (The Columbia Association's Teen Center) located in The Oakland Mills Village Center. TAC is open to all Howard County high school students (public, private and home school), but students must RSVP to Admin@hcdrugfree.org for each meeting. TAC follows the HCPSS school cancellation policies. Registration forms can be found on the TAC page at <http://www.hcdrugfree.org/teen-advisory-council-1/>. Refreshments provided.

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Have Your Company Sponsor An Event

HC DrugFree depends upon the generosity of individuals, PTSAs/PTAs, organizations and businesses in the community to support our free services to the community. Please donate today. Any size gift is welcome. Consider contacting us to sponsor an event or make a one-time or monthly donation. Thank you for your support.

HC DrugFree is a 501(c)(3). [Donate online](#) or mail checks to HC DrugFree.



For more information, contact
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Celebrating 50 years

