

HC DrugFree is keeping Howard County *In the KNOW!!!*

Thank You Congressman Cummings: HC DrugFree's Honorary Board Member

HC DrugFree extends our heart-felt condolences to Congressman Elijah Cummings' family, staff, and friends, and to our community. Several years ago, Congressman Cummings agreed to stand with us and serve as HC DrugFree's Honorary Board Member.

We thank Congressman Cummings for passionately fighting for funding for drug and alcohol education, motivating many of us to speak out and work harder within our communities, and daring countless youth to dream bigger. It was thrilling to see the Congressman address thousands of students and adults from across the United States and hear the cheers and applause when he finished. His powerful words changed thinking, hearts, and lives. He will be missed, but not forgotten.



Above: HC DrugFree's Town Hall Meeting





Above: In DC advocating for Drug and Alcohol Prevention/Education

**Not Your Child Or Grandchild?
Even A Pro Football Player Started Using Drugs In High School
With Meds From Friend's Medicine Cabinet**

Oakland Raiders' tight end, Daren Walker began using drugs in his sophomore year of high school. "It was in a friend's medicine cabinet, and you like the feeling of it, you keep doing it, and for me, I wasn't as anxious, I wasn't worried about what everyone thought of me. It was a numbing tool. I don't want to feel all these things I'm feeling. That's how I started."

[Click here](#) to read the ESPN article.

Clean out your medicine cabinet today!!! Keep your loved ones safe by properly disposing of your unwanted and expired medication.

Bring them to the **drive-thru medication and sharps collection on Saturday, October 26 between 10 a.m. and 2 p.m. in the Wilde Lake Village Center parking lot.** The medication will be guarded and transported by the Howard County Police and the Drug Enforcement Administration. Volunteer to help at the event!!!

Please Share! Medication Collection Flier In Korean, Chinese, And English

Thank you to Shalom Square/Heritage Housing Partners for translating HC DrugFree's Medication and Sharps Take Back flier into Korean and Chinese.

[Click here](#) for the flier in Korean, [click here](#) for Chinese, and [click here](#) for English.

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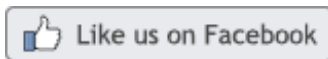
Pet Meds, Over-the-Counter Meds, EpiPens, Needles, Prescription Meds

Bring all these items and more to the drive-thru medication and sharps collection this Saturday, October 26 from 10 a.m. to 2 p.m. in the Wilde Lake Village Center parking lot.

Medication will be guarded and immediately transported by the Howard County Police and the Drug Enforcement Administration.

Tell others and please volunteer; we are **looking for approximately 80 volunteers** to join us that day. It's FUN and you're helping the entire Howard County community, including future generations. Help keep our water, kids, families and community safe.

For more information, go to <http://www.hcdrugfree.org/drug-take-back-day-1> or contact Admin@hcdrugfree.org or call 443-325-0040. Just show up on Saturday and volunteer!!!



Donate To HC DrugFree, Be Our T-Shirt Sponsor, Sponsor An Event

HC DrugFree depends upon the generosity of individuals, PTSAs/PTAs, organizations and businesses in the community to support our free services to the community. Please donate today. Any size gift is welcome. Consider contacting us to sponsor an event or make a one-time or monthly donation. Thank you for your support.

HC DrugFree is a 501(c)(3). [Donate online](#) or mail checks to HC DrugFree.



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