In the KNOW ... Three out of four people using heroin began with the use of prescription medication

What you should KNOW ...

Don't share your meds

In a recent study, 23% of the people interviewed loaned prescription medicines to others and about 27% borrowed them.

Know who has access to your meds

Studies show that two-thirds of teens who abuse prescription drugs are getting them from cabinets in the home.

Talk to your doctor Nearly half of all Americans have used at least one prescription drug in the past month

- often unnecessarily. Ask questions.

Empowering the Community



The Face of Prescription Medicine Misuse









Check out our

NEW website

and video!

www.HCDrugFree.org

click on

IntheKnowHC.org

Message provided by HC DrugFree and the Howard County Departments of Health and Police with funding from MD BHA & SAMHSA