

FOR PARENTS: SIGNS OF A POSSIBLE GAMBLING PROBLEM IN YOUTH

- Asking for/borrowing money from the family
- Gambling “stuff” at home (lottery tickets, betting sheets)
- Unexplained debts, or windfall cash/new items (like new clothes or jewelry)
- Spending unexplained time away from home, work, or school
- Behavior change (seems distracted, moody, sad, worried, nervous, etc.)
- Withdrawal from family
- Less involvement in outside activities
- Unusual amount of time spent watching sports on TV and/or reading newspapers or magazines having to do with sports
- Overly upset at conclusion of sporting match
- Telephone calls from strangers and higher phone bills
- Bragging about winnings
- Intense interest in gambling conversations
- Playing gambling type games on the internet
- Money or valuables are missing from your home

If you suspect your child has a gambling problem, contact:



UNIVERSITY of MARYLAND
SCHOOL OF MEDICINE

Maryland Center of Excellence on Problem Gambling

Helpline: 800-522-4700

www.mdproblemgambling.com

HC DrugFree

Empowering the Community

HC DrugFree is pleased to partner with the Maryland Center of Excellence on Problem Gambling. For more information about free educational programs and resources, please visit www.hcdrugfree.org or call 443-325-0040.