

AAA: Expecting Record-Breaking Travel This Independence Day

According to AAA, this holiday period from Wednesday, July 3 to Sunday, July 7 will be the most traveled Independence Day ever with nearly 48.9 million Americans hitting the road, skies, rails and waterways - that is 1.9 million more than the record breaker in 2018.

The increase in holiday travel brings with it a warning to expect an increase in alcohol-related crashes. Sadly, Independence Day is one of the deadliest holidays of the year. But there are things everyone can do to keep ourselves and others safer.

Buckle up, put down the phone, stay within the speed limit, allow for traffic delays, warn young drivers about the expected increase in traffic, and of course, if you drink or use drugs, please don't drive.

Driving impaired or under the influence is a serious offense in Maryland and can cost you a hefty fine and/or time in jail.



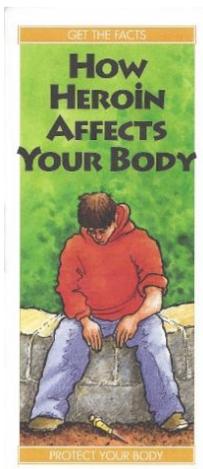
Enjoy the fireworks and a barbecue with family and friends and do your part to keep us all safe on the roads.

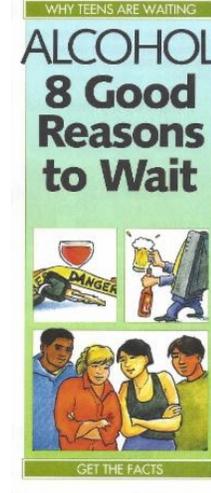
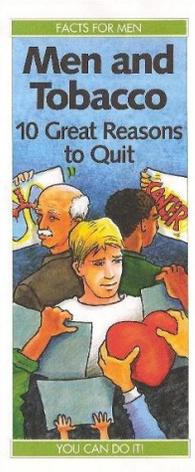
The HC DrugFree family wishes you and yours a safe, relaxing, and happy holiday weekend.

Do You Have a Drug/Alcohol Question?

Anonymously submit your question(s) to Info@hcdrugfree.org and read future newsletters for a response from a local expert.

Forward your name, mailing address, and email address to Info@hcdrugfree.org to receive any of the brochures below or schedule a time to come to HC DrugFree's office to pick up a medication storage box.





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