



Student and Parent Pledge

Student Pledge:

I support being drug and alcohol free because without these substances, I will be more motivated in school and create better opportunities for a brighter future. I understand that if I am under the influence, I will be more likely to make bad decisions and regret my actions. I have better and higher goals for myself.

I pledge to not use drugs including misusing medications, not use alcohol, and talk to you about the drug and alcohol use going on around me.

Student Name

Date

Parent Pledge:

I will make myself knowledgeable about drug and alcohol use including the misuse of many common medications found in our home and I will provide a safe place for you to talk about what's going on around you. Together, we will get accurate information to answer your questions. I will dispose of our unwanted and expired medications and lock up our medications to keep our family and friends safe. I will do my best to understand what youth see as both the good and bad sides of drug and alcohol use including both the possible social benefits experienced when using drugs or alcohol as well as legal repercussions and health problems.

I pledge to educate myself about drug and alcohol use, listen to you, and maintain open and honest communication.

Parent Name

Date

This pledge was created by members of **HC DrugFree's Teen Advisory Council (TAC)** to encourage open communication between students and parents. Pledge documents can be downloaded at www.hcdrugfree.org. Thank you.