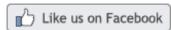


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HC DrugFree is keeping Howard County In the KNOW!!!

Don't Rely on Luck This St. Patrick's Day

HC DrugFree wishes you a safe St. Patrick's Day, but don't rely on luck to get you home safely. If you drink, please don't drive.

May you be showered in love, enjoy rainbows after every storm, and be blessed with good health.

This Wednesday: Up in Smoke - What Parents Need to KNOW about Juuling, Vaping and Other Drugs

Parents make sure their children KNOW the dangers of smoking cigarettes, but what do parents and kids need to know about Juuling, vaping and other drugs that are easily accessible to Howard County students. Join Reservoir High School PTSA and HC DrugFree to learn more about these popular drugs and get your questions answered.

This program will be held on Wednesday, March 20 at 7:00 p.m. in rooms 220 and 221 at Reservoir High School in Fulton. Go to www.hcdrugfree.org/events for directions and more information to the school.

This Monday: Don't Miss Beach Week Safety Tips

Parents of high school seniors: Do you believe Senior Week is a rite of passage? ...or are you dreading allowing your high school senior to go to the shore without adult supervision?



Let's help teens learn how to have fun, stay safe, and make memories without getting into trouble with the law or getting hurt. What teens don't know can hurt them.

We encourage adults and students to attend one of HC DrugFree's annual Senior Week: Staying Safe in OC programs.

Hear from Ocean City Police Department's Cpl. Howard Caplan, retired Ocean City Beach Patrol and current HCPSS administrator, Mr. James McVey, and HC DrugFree's Executive Director, Joan Webb Scornaienchi as they discuss water safety, legal consequences, what to know before you sign the lease or buy the beer for your student, how HC DrugFree partners with OCPD throughout the year to keep Howard County families safe, and much more.

These programs are free and open to students, parents, guardians, grandparents and the community. Join us on **Monday, March 18 at Howard High School** or **April 1 at Marriotts Ridge High School**. Both programs will begin at 7:00 p.m. <u>Click here</u> for a printable flier.

MD Residents Help The Community & Enter to Win

Are you a Maryland resident? If so, your community needs you!

If you are 18 years or older and live in Maryland, please consider taking a 10-minute survey about drug use in your community. Go to https://bit.ly/2BEG1k7 to complete the survey and enter for a chance to win up to \$100! Your responses are anonymous and we value your input! Thank you.



March is Problem Gambling Month

Maryland residents are eligible for problem gambling assessment and counseling services free of charge by contacting the Maryland Center of Excellence on Problem Gambling. Information is available at www.helpmygamblingproblem.org or by calling 1-800-GAMBLER.

TAC Meeting Monday, April 8

All Howard County high school students are invited to join HC DrugFree's Teen Advisory Council (TAC). The next meeting will be on Monday, April 8. Community service hours are available for all meetings/events, and new members are accepted throughout the year. Email or mail signed registration form and photo. Forms can be found on our website at www.hcdrugfree.org/teen-advisory-council-1.

TAC follows the Howard County Public School System's weather policy. If school is closed or evening activities are canceled, there will be no TAC meeting. Unless otherwise notified, all meetings will be held at The Barn/Teen Center in the Oakland Mills Village Center from 5:30 p.m. to 7:00 p.m. If you have any questions, please email Admin@hcdrugfree.org.

Clean Out Your Medicine Cabinet: Drive-Thru Meds & Sharps Collection on Saturday, April 27

The next convenient drive-thru medication and sharps (needles, syringes and EpiPens) collection will be on Saturday, April 27 from 10 a.m. to 2 p.m. in the Wilde Lake Village Center parking lot in Columbia (near The UPS Store). HC DrugFree's team will take your unwanted and expired over-the-counter and prescription medication as well as any sharps. No need to remove medication or labels from the bottles and no need to get out of your vehicle.

Medications are guarded and transported by the Howard County Police Department and the Drug Enforcement Administration (DEA). Community service hours available for student volunteers. Please contact HC DrugFree for more information or visit our website at www.hcdrugfree.org/drug-take-back-day-1

Safe storage: Keep friends and family from having easy access to your medication and don't unknowingly be their drug dealer. Secure your medication in a locked closet, locked filing cabinet, safe, etc. If you have no safe way to store your medication, HC DrugFree has a free medication storage box waiting for you or your family. Email us at Admin@hcdrugfree.org or call 443-325-0040 for more information or to schedule a time to come to our office for pickup.



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